9/24/2014 ATLA October 2014



SPA BULLETIN

BRIGHT IDEAS

After a summer of fun in the sun, skin craves a fresh start. You're in luck, since these Atlanta facials unveil brightened, glowing skin that's sure to get noticed. —Jennifer Bradley Franklin

THE SPA

Aya Medical Spa 3500 Peachtree Road NE; 975 Johnson Ferry Road NE, ayaskincare.com

The Ritz-Carlton Spa, Buckhead 3434 Peachtree Road NE. ritzcarlton.com

The Spa at Four Seasons Hotel Atlanta 75 14th St., fourseasons.com

Sweet Peach Wax 3077 E. Shadowlawn Ave.; 776 N. Highland Ave. NE, sweetpeachwax.com

THE FACIAL

For a treatment that keeps working days after your spa visit, look no further than this medispa's The Anti-Aging facial (\$95 for 60 minutes). A fruit enzyme-based buffing creme (typically pumpkin or cranberry) sloughs away dull, weathered skin to reveal even skin tone and a youthful glow.

The Caviar and Pearl facial (\$270 for 80 minutes) is every bit as luxe as it sounds. Protein-rich caviar moisturizes skin, while an intensive repair serum infuses extra oxygen to create a toned, radiant countenance. Bonus: It smells delicious.

To help seriously turn back the clock, the Hydropeptide Advanced Resurfacing facial (\$180 for 50 minutes) delivers, thanks to a gentle microderm peel with 21 peptides (genius molecules that rebuild collagen and elastin), natural skin brighteners and AHAs to encourage new cell generation. The best part? The effects are immediately visible, so you're red-carpet ready right away.

While Sweet Peach does fabulous wax work, you may not know that they also have an incredible Obagi facial (\$75 for 45 minutes) that is tailored to your skin type. The Blue Peel (\$95 for 45 minutes) also radically improves the skin one layer at a time—exfoliating, moisturizing and brightening your complexion.

THE ATLANTAN OCTOBER 2014

THE GOODS

The Mighty

Needles may sound scary, but the MD Pen's staggering results are worth conquering that fear. Since the body is designed to heal itself, the microneedling pen creates tiny, nearpainless punctures in the skin's top layer. The skin then produces extra collagen to combat the trauma, in turn healing acne scars, smoothing fine lines and photo aging, and even obliterating stretch marks. The team at Buckhead Facial Plastic Surgery-one of the first Atlanta locations to offer the revolutionary treatment-may recommend a series to accomplish your goals. \$500 for the face, price varies for other areas, Buckhead Facial Plastic Surgery, 1218 W. Paces Ferry Road NW, buckheadfacial.com -JBF

THE BRANDS

iS Clinical,

NeoCutis,

Obagi

Kerstin Florian

HydroPeptide

Anti-Wrinkle

Collection

Obagi

SAVING FACE
The new MD Pen smooths fine
lines and other marks.